

AGENDA:

<p>Daily breaks</p> <ul style="list-style-type: none"> • Morning break – 10:00 – 10:15 • Lunch break – noon to 1:00 • Afternoon break – 15 minutes between practice experiences 			
<p>2-3 day</p> <p>Day 1 & 2 – 8:30 – 5:00</p> <p>Day 3 – 8:30 – 4:00</p>			
<p>Intensive</p> <p>Days 1, 2, 4, & 5 – 8:30 – 5:00, Days 3 & 6 – 8:30 – 4:00</p>			
	Day 1	Day 2	Day 3
	<ul style="list-style-type: none"> • Traumatology & Neurobiology • Introduction & Overview of EMDR • Preparation (Phase 2) • History and Case Conceptualization (Phase 1 & Target Sequence Planning) 	<ul style="list-style-type: none"> • Access and Activate (Phase 3) • Desensitize (Phase 4) • Enhance / Install the Positive (Phase 5) • Body Scan (Phase 6) • Closure (Phase 7) 	<ul style="list-style-type: none"> • Reevaluation (Phase 8) • 3 Prongs – Past, Present, Future • Future Templates • Processing Recent Events
	Day 4	Day 5	Day 6
	<ul style="list-style-type: none"> • Advanced Resourcing • Energy psychology • Aromatherapy • Guided Imagery <ul style="list-style-type: none"> • Slaying the Monster • Wheel of Resources • Advanced Procedures <ul style="list-style-type: none"> • Interweaves <ul style="list-style-type: none"> • Ego state / parts work • Somatic 	<ul style="list-style-type: none"> • Dissociative Spectrum • Children • Addictions • Anxiety & Phobia • Couples 	<ul style="list-style-type: none"> • Illness & Somatic Disorders • Grief • Complex PTSD • Military & First Responders