

The Adolescent Dissociative Experiences Scale (A-DES), a 30-item self-report measure for ages 11-18 years (Armstrong, Putnam, & Carlson, 1990). The A-DES is scored by summing item scores and dividing by 30 (number of items). The overall score ranges from 0 to 10. A-DES scores of 4 or greater suggest pathological levels of dissociation, and further evaluation is warranted.

Information on the A-DES-T is also included. The A-DES-T is a taxometric subscale of the A-DES measuring pathological dissociation. It is NOT scored on an Excel spreadsheet as is the adult DES. It is scored by adding the scores of the 8 Taxon items below and dividing by 8. Scores of 4 or higher are considered indicative of significant dissociation deserving further clinical evaluation. The A-DES-T may also be used as a shortened version of the A-DES.

A-DES items which comprise the A-DES-T: 6, 9, 15, 17, 20, 22, 25, 30

Farnsworth Lobenstine