

Here are some choices for bilateral music (I only list the ones I like - no bias here :-)

<http://www.biolateral.com/catalog/downloadable-biolateral-mp3s> (you can also buy them in cd format)

<http://www.amazon.com/Emdr-Music-Therapy/dp/B00BJ9RNE2> or from

iTunes <https://itunes.apple.com/us/album/emdr-music-therapy/id603464309>

<http://www.cdbaby.com/cd/bodhitreebilateral>

<http://www.hollycumminglpc.com/downloadable-bilateral-music.html>

<http://www.christineranck.com/store/> (has some voice to it, but no words)

<http://berniesoon.tripod.com/forensic-healing-2.html> (this is mainly nature sounds)