

EMDR-related books & games for kids

My EMDR Workbook — Robbie Adler-Tapia, PhD
Something Really Bad Happened to me and My Family (workbook)
DrRobbie.org/store.html

Dark Bad Day Go Away — Ana Gomez
<https://www.anagomez.org/dark-bad-daygo-away-book-children-about-trauma-and-emdr-therapy-second-edition>

The EMDR Journey (game) — Deb Courtney, PhD
www.emdrjourneygame.com

Buddy the EMDR Dog — Isabelle & Cécile Meignant
http://emdrresources.com/oscommerce/product_info.php?products_id=160

Butterfly Hug: An Explanation of EMDR for Children — Karin Gertner
http://emdrresources.com/oscommerce/product_info.php?products_id=166

Ann P. Waldon
Goodbye Yucky Thoughts and Feelings: An EMDR Workbook for Children (also available in Spanish)
Hello Strength & Bravery: A Resource Workbook for Children (also available in Spanish)
www.annwaldon.com/Ann_P._Waldon,_LCSW/Workbooks.html

Ricky Greenwald, PsyD
Slaying the Dragon
A Fairy Tale
The Child Abuser's Secret Book of Tricks
<http://www.childtrauma.com>

Jamie Henle
Tuxy the Mistreated Kitten: A Story about Physical and Verbal Abuse
Tuxy the Forgotten Kitten: A Story about Neglect
Telly the Turtle Learns to Come Out of Her Shell: A Story about Repairing Attachment Wounds
evanspsychologytroupe.com/jaime-henle-psyd-html
www.lulu.com/shop/jaime-lurie-henle-psyd