

# EMDR Basic Training

## The Basic EMDR Course

## Advanced Training

Client Complexity



### Part 1 (Weekend)

### Part 2 (Weekend)

### EMDRIA Conference Adv'd Speciality Workshop

Adj D/O, Acute Stress  
Recent Trauma,  
Single Incident PTSD  
Dominant Belief

Depression, Anxiety  
Multiple Symptoms  
Somatic, Phobias  
Complex PTSD, Addictions,

DDNOS, DID, Axis 2  
Attachment, Ego Strength Issues  
Severe Child Abuse & Neglect  
Poor life management skills

Belief Focused  
Standard Stabilization  
Basic Targeting Plans  
Basic EMDR Skills

Resource & Skill Building  
Symptom Focused  
Multiple Targeting Plans  
Cognitive Interweaves

Extensive Stabilization,  
Resource & Skills Building  
Complex Case Structure  
Extensive Cognitive Interweaves  
Specialize Procedures