EMDR Fidelity Questionnaire

**Phase 1: Client History and Treatment Planning**
Did you identify a client history and treatment planning process? Yes  No
Did you hear/observe the therapist explaining AIP to the client? Yes  No

**Phase 2: Preparation**
Did you identify aspects of the therapist preparing the client for additional phases of EMDR protocol? Yes  No

**Phase 3: Assessment**
Did you identify aspects of the therapist conducting assessment of the client in anticipation of proceeding with Phase 4 Desensitization? Yes  No
Did the therapist identify specific memory or picture and then identify the worst part? Yes  No
If yes, please describe the target: ____________________________________________
Did the therapist assist the client in identifying a NC? Yes  No
If you, please describe the NC ______________________________________________
Did the therapist assist the client in identifying a PC? Yes  No
If you, please describe the PC ______________________________________________
Did the therapist assist the client in identifying a VoC? Yes  No
If yes, what was the initial VoC? ____________________________________________
Did the therapist assist the client in identifying an emotion? Yes  No
If yes, what was the emotion identified? ________________________________________
Did the therapist ask the client for a measurement of the SUD?_______________ Yes  No
Did you observe the therapist assisting the client to identify a body sensation? Yes  No
If yes, what body sensation was identified? ______________________________________

**Phase 4 Desensitization**
Did the therapist desensitize the target to a SUD of zero? Yes  No
If no, did the therapist proceed with desensitization and process incomplete session? Yes  No  NA

**Phase 5: Installation**
Did you identify the therapist utilizing an installation process to first check the PC? Yes  No

**Phase 6: Body Scan**
Did you identify the therapist proceeding with the body scan process? Yes  No

**Phase 7: Closure**
Did you identify the therapist implementing a closure process in the video? Yes  No

**Phase 8: Re-evaluation**
Did you identify a re-evaluation process utilized with the client? Yes  No

**Three prong protocol:**
1. Was there evidence that the therapist assessed triggers and processing in the present? Yes  No
2. Was there evidence of the therapist’s application of future template by guiding the client through application of new skills to a future event? Yes  No