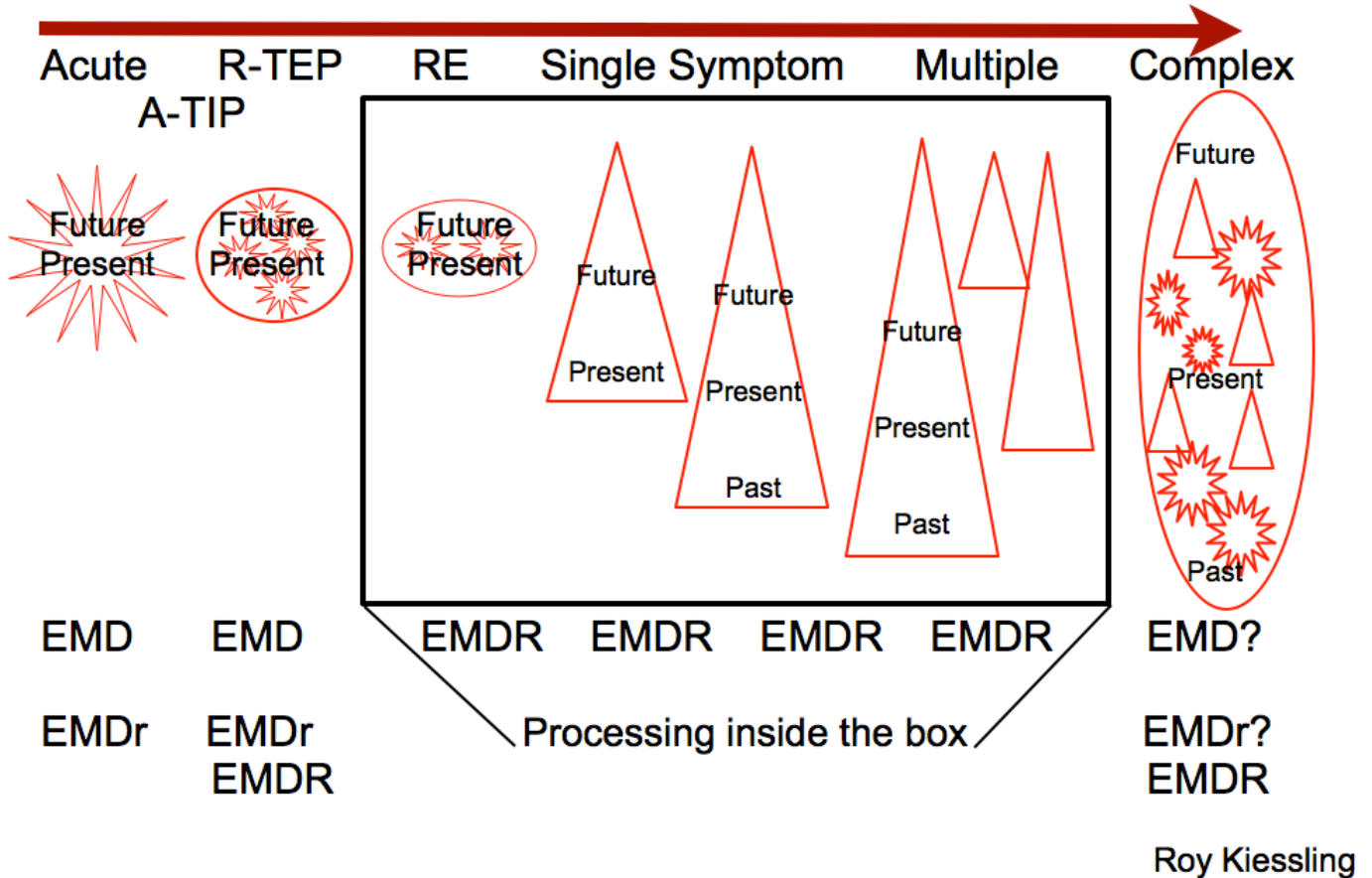


THE PROCESSING CONTINUUM



GLOSSARY OF TERMS

- **Standard Protocols** (aka **EMDR**) – Standard 8 Phases and 3 Prong processing
- **Contained** (aka **EMDR**) – 8 Phases/ 3 Prongs, but contained processing (Phase 4) focusing only on *target specific* channels of association
- **Restricted** (aka **EMD**) – Restricted processing, focusing only on the target (*no associated channels*) and SUD & VOC, but NO body scan
- **R-TEP** – Expanded Recent Events procedures useful for acute stress situations in “now-stable” environments.
- **Symptom Focused EMDR** – Emphasis on a single symptom to select targets (EMDR, EMDR, EMD)
- **Targeting Sequence Plan** – Clustering of disturbing events (3 prongs) around a common symptom