

<p>Be Productive!! Are you doing things that are important? - Anon. (#1)</p>		<p>There are no unrealistic goals, only unrealistic time frames or unrealistic expectations. - Anon (#2)</p>
<p>The future belongs to those who believe in the beauty of their dreams - Eleanor Roosevelt (#3)</p>		<p>You get the best out of others when you give the best of yourself. - Harry Firestone (#4)</p>
<p>Knowing is not enough; we must apply. Willing is not enough; we must do. - Johann Von Goethe / Bruce Lee (#5)</p>		<p>A journey of a thousand miles begins with a single step. - Confucius (#6)</p>
<p>The doors we open and close each day decide the lives we live. - Flora Whittemore (#7)</p>		<p>You can complain because roses have thorns, or you can rejoice because thorns have roses. - Ziggy (#8)</p>
<p>You may be disappointed if you fail, but you are doomed if you don't try. - Beverly Sills (#9)</p>		<p>Experience is not what happens to you; it's what you do with what happens to you. - Aldous Huxley (#10)</p>

<p>The Grand essentials of happiness are: Something to do, Something to love, and something to hope for. - Allan K. Chalmers (#11)</p>	<p>Have the courage to be imperfect. - Anon. (#12)</p>
<p>The man [or woman] who removes a mountain begins by carrying away small stones. - Chinese Proverb (#143)</p>	<p>If we eliminated all [mistakes], we would also eliminate much discovery, art, insight, learning and creativity that results from facing [mistakes]. - Kevin Everett FitzMaurice (#144)</p>
<p>The only constant in life is ongoing change. - Anon. (#13)</p>	<p>If you can shape it in your mind, you will find it in your life. - Anon. (#14)</p>
<p>Change what you can and come to peace with what you cannot. - Anon. (#15)</p>	<p>There will always be someone to tell you what you can't do. Your job is to tell yourself what you can do and will do. - M.S. Nystul (#16)</p>
<p>All meaningful learning in life involves taking risks. - Corey & Corey (#17)</p>	<p>Our mind is the most valuable possession that we have. The qualities of our lives are, and will be, a reflection of how we develop, train, and utilize this precious gift. The only "real" limitation on our own future is our ability to harness our mental resources - Anon. (#18)</p>

<p>Every problem contains the seed of its own solution. - Normal V. Peal (#19)</p>	<p>If you think you can or can't do something... you're probably right. - Henry Ford (#20)</p>
<p>The best way to predict the future is to invent it. - Anon. (#21)</p>	<p>Change your thoughts and you change your world. - Anon. (#22)</p>
<p>Sometimes in the waves of change we find our true direction. - Anon. (#23)</p>	<p>Unless you try to do something beyond what you have already mastered, you will never grow. - Anon. (#24)</p>
<p>Within me is infinite power, before me is endless possibility. Around me is boundless opportunity...Why should I fear? - Anon. (#25)</p>	<p>The Foundation of Excellence: Our achievements are shaped by the terrain of our lives and the strength of the foundations we set. In building the life we've imagined, we must be true to our beliefs, dare to be ethical, and strive to be honorable. For integrity is the highest ground to which we can aspire. - Anon. (#26)</p>
<p>Hard work is often the easy work you did not do at the proper time. - Bernard Meltzer (#27)</p>	<p>Our greatest glory is not in never failing, but in rising up every time we fail. - Ralph Waldo Emerson (#28)</p>

<p>Never leave that till tomorrow which you can do today. - Benjamin Franklin (#29)</p>	<p>Things may come to those who wait, but only the things left by those who hustle. - Abraham Lincoln (#30)</p>
<p>Hold your head high, stick your chest out. You can make it. It gets dark sometimes but morning comes...keep hope alive. - Jesse Jackson (#31)</p>	<p>To will is to select a goal, determine a course of action that will bring one to that goal, and then hold to that action till the goal is reached. The key is action. - Anon. (#32)</p>
<p>It's up to you – If you think you're a winner, you'll win; If you dare to step out, you'll succeed. Believe in your heart, have a purpose to start, aim to help fellow man in his need. Thoughts of faith must replace every doubt, Words of courage and you cannot fail. If you stumble and fall, rise and stand ten feet tall, you determine the course that you sail. - Anon. (#33)</p>	<p>The man/woman who does things makes mistakes, but he/she never makes the biggest mistake of all – doing nothing. - Benjamin Franklin (#34)</p>
<p>Start treating yourself as if you're the most important asset you'll ever have. After all, aren't you? - Anon. (#37)</p>	<p>My will shall shape the future. Whether I fail or succeed shall be no man's doing but my own. I am the force. I can clear any obstacle before me or I can be lost in the maze. My choice, My responsibility. Win or lose, only I hold the key to my destiny. - Elaine Maxwell (#38)</p>
<p>There are as many nights as days, and the one is just as long as the other in the year's course. Even a happy life cannot be without a measure of darkness, and the word 'happy' would lose it's meaning if it were not balanced by sadness. - Anon. (#39)</p>	<p>Expect trouble as an inevitable part of life, and when it comes, hold your head high, look it squarely in the eye and say, 'I will be bigger than you. You cannot defeat me.' Then repeat to yourself the most comforting words of all, 'This too will pass.' - Ann Landers (#40)</p>

The price of success is hard work,
dedication to the job at hand, and the
determination that whether we win or
lose, we have applied the best of
ourselves to the task at hand.
- Vince Lombardi (#41)

Do not let what you cannot do
interfere with what you can
do. - John Wooden (#42)

No one can make you feel inferior
without your consent.
- Eleanor Roosevelt (#43)

Worrying is like a rocking chair, it
gives you something to do, but it
doesn't get you anywhere.
- Anon. (#44)

Life is like a game of cards.
The hand that is dealt you
represents determinism;
the way you play it is free will.
- Jawaharlal Nehru (#45)

We are what we think. All that we
are arises with our thoughts. With
our thoughts, we make the world.
- Buddha (#46)

Learn from yesterday,
Live for today,
Hope for tomorrow.
- Anon. (#47)

Never frown, even when you
are sad, because you never
know who is falling in love
with your smile.
- Anon. (#48)

Don't cry because it's over,
smile because it happened.
- Anon. (#49)

Holding on to anger is like
grasping a hot coal with the intent
of throwing it at someone else;
you are the one getting burned.
- Buddha (#50)

**Only as high as I can reach can I
grow, Only as far as I seek can I go,
Only as deep as I look can I see,
Only as much as I dream can I be.
- Karen Ravn (#51)**

**A goal is a dream with a
deadline.**

- Anon. (#52)

**One may not reach the dawn
save by the path of the night.
- Kahlil Gibran (#53)**

**Doors of opportunity don't open,
they unlock; it is up to you to turn
the knob.**

- Lily Taylor (#54)

**The obstacle is the path.
- Zen Proverb (#55)**

**Hope sees the invisible, feels
the intangible and achieves
the impossible.**

- Anon. (#56)

**One must do something to
be something.
- Anon. (#57)**

**People who drink to drown their
sorrows should be told that
sorrow knows how to swim.**

- Ann Landers (#58)

**When written in Chinese, the
word 'crisis' is composed of two
characters. One represents
danger, and the other represents
opportunity.
- Anon. (#59)**

**Not everything that is faced can be
changed, but nothing can be
changed until it is faced.**

- James Baldwin (#60)

**Keep your face to the
sunshine and you cannot see
the shadow.
- Helen Keller (#61)**

**Our biggest fear is not that we are
inadequate, it is that we are
powerful beyond measure.
- Nelson Mandela (#62)**

**Within me is infinite power,
Before me is endless possibility,
Around me is boundless
opportunity...Why should I fear?
- Anon. (#63)**

**We fall so we can learn to pick
ourselves up.
- from Batman Begins (#64)**

**Power comes from being
open to new ideas. When
confronted, don't resist.
Consider. - Anon. (#65)**

**It is not enough to have a good
mind. The main thing is to use it
well. - Rene Descartes (#66)**

**All you have to do right now is be
open to possibility.
Never say never.
- Anon. (#67)**

**One of the most powerful things
influencing any behavior holding
you back is where you have
invested your faith.
- Ray Dodd (#68)**

**My mind is a garden. My thoughts
are the seeds. My harvest will
either be flowers or weeds.
- Mel Weldon (#69)**

**If you cry because the sun set,
your tears won't let you enjoy
the stars.
- Anon. (#70)**

**Your pain is the breaking of
the shell that encloses your
understanding.**

- Kahlil Gibran (#71)

You have been told that, even like a chain,
you are as weak as your weakest link. This is
but half the truth. You are also as strong as
your strongest link. To measure you by your
smallest deed is to reckon the power of the
ocean by the frailty of its foam. To judge you
by your failures is to cast blame upon the
seasons for their inconstancy.

- Kahlil Gibran (#72)

It doesn't make any difference whether what
you face is something that affects your work,
your personal relationships, your sense of
security, your appraisal of self-worth, or your
appearance – the way you think about your
situation largely determines whether you will
do anything about it and what you will do.

- Arthur Freeman (#73)

**...our emotions and our actions
are not separate from our
thoughts. They are interrelated.
Thinking is the gateway to our emotions
– and our emotions are the gateway to
our actions.**

- Arthur Freeman (#74)

Most people think that courage is the absence
of fear. The absence of fear is not
courage...Courage is the capacity to go ahead
in spite of the fear...When you do that, you
will find that overcoming that fear will not
only make you stronger but will be a big step
toward maturity.

- M. Scott Peck (#75)

**Put all excuses aside and
remember this:
You ARE capable.**

- Zig Ziglar (#76)

**What lies behind us and
what lies ahead us are
tiny matters compared to
what lies within us.**

- Ralph Waldo Emerson (#77)

The only thing that stands between a
man and what he wants from life is
often merely the will to try it and the
faith to believe that it is possible.

- Richard M. D ovos (#78)

**Confidence, like art, never comes
from having all the answers;
it comes from being open to all
the questions.**

- Earl Gray Stevens (#79)

**Forgiveness does not change
the past, but it does enlarge
the future.**

- Paul Boese (#80)

**You pile up enough tomorrows,
and you'll find you've collected a
lot of empty yesterdays.
- Harrold Hill (#81)**

**We must have the courage to
allow a little disorder in our
lives. - Ben Weininger (#82)**

**Though no one can go back and
make a brand new start, anyone
can start from now and make a
brand new ending.
- Carl Bard (#83)**

**The test of a first-rate intelligence is the
ability to hold two opposed ideas in mind at
the same time and still retain the ability to
function. One should, for example, be able
to [view] things [as] hopeless and yet be
determined to make them otherwise.
- F. Scott Fitzgerald (#84)**

**In three words I can
sum up everything I've
learned about life:
It goes on.
- Robert Frost (#85)**

**When solving problems, dig at
the roots instead of just
hacking at the leaves.
- Anthony J. D'Angelo (#86)**

**Ability is what you are capable of
doing. Motivation determines
what you do. Attitude determines
[if you will do it].
- Lee Holz (#87)**

**The doors of opportunity
won't open unless you do
some pushing.
- Anon. (#88)**

**Have patience with all things,
but first of all with yourself.
- St. Francis de Sales (#89)**

**Happiness does not
come from doing what
you want, but
wanting what you do.
- Anon. (#90)**

**Start by doing what's necessary,
then what's possible, and
suddenly you are doing the
impossible.**
- Saint Francis (#91)

**We have a choice: To plow new
ground or let the weeds grow.**
- Jonathan Westover (#92)

**Pain is inevitable.
Suffering is optional.**
- M. Kathleen Casey (#93)

**A well-developed sense of humor is the
pole that adds balance to your steps as
you walk the tightrope of life.**
- William A. Ward (#94)

**My will shall shape the future. Whether I
fail or succeed shall be no man's doing but
my own. I am the force. I can clear any
obstacle before me or I can be lost in the
maze. My choice, my responsibility. Win or
lose, only I hold the key to my destiny.**
- Elaine Maxwell (#95)

**Each day comes
bearing its own gifts.
Untie the ribbons.**
- Ruth Ann Schabacker (#96)

**You can do or be whatever you want in
your own life. Nothing can stop you,
except your own fears. Don't blame
anyone else...You have the power to
make the decision.**
Just do it.
- Nona Diamantopoulos (#97)

**If you can walk, you can
dance. If you can talk, you
can sing.**
- Zimbabwean Proverb (#98)

**We must accept finite
disappointment, but we must
never lose infinite hope.**
- Martin Luther King Jr. (#99)

**Every individual human being
born on this earth has the
capacity to become a unique
and special person, unlike any
who has ever existed before or
will ever exist again.**
- Elizabeth Kubler-Ross (#100)

<p>Believe that you can, and you can. Belief is one of the most powerful of all problem solvers. When you believe that a difficulty can be overcome, you are more than halfway to victory over it already. - Normal Vincent Peale (#101)</p>		<p>To love means never to be afraid of the windstorms of life; should you shield the canyons from the windstorms, you would never see the beauty of the carvings. - Elizabeth Kubler-Ross (#102)</p>
<p>The thought manifests as the word; The word manifests as the deed; The deed develops into habit; And habit hardens into character; So watch the thought and its ways with care... As we think, so we become. - Buddhist Teaching (#103)</p>		<p>Limitations live only in our minds. But if we use our imaginations, our possibilities become limitless. - Anon. (#104)</p>
<p>When you shoot an arrow, you aim a little above your target for force of gravity. In life, you should always dream more than you can do. - Anon. (#105)</p>		<p>Opportunities present themselves to those that are willing to introduce themselves to opportunities. - Adelyn Ortlieb (#106)</p>
<p>Only as high as I reach can I grow, Only as far as I seek can I go, Only as deep as I look can I see, Only as much as I dream can I be. - Karen Raven (#107)</p>		<p>Without the stones of life being thrown at you, you would have nothing to step on to get to the next level. - Rondra Bolden (#108)</p>
<p>Within me is infinite power, Before me is endless possibility, Around me is boundless opportunity... Why should I fear? - Anon. (#109)</p>		<p>Life is change. Growth is optional. Choose wisely. - Karen Kaiser Clark (#110)</p>

<p>Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.</p> <p>- Normal Vincent Peale (#111)</p>		<p>Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.</p> <p>- Brian Tracy (#112)</p>
<p>There are two ways to meeting difficulties. You alter the difficulties or you alter yourself to meet them.</p> <p>- Phyllis Bottome (#113)</p>		<p>Everyone is a house with four rooms, a physical, a mental, an emotional, and a spiritual. Most of us tend to live in one room most of the time, but unless we go into every room every day, even if to only keep it aired, we are not a complete person.</p> <p>- Rumer Godden (#114)</p>
<p>The only thing that stands between a man [or woman] and what he/she wants from life is often merely the will to try it and the faith to believe that it is possible.</p> <p>- Richard M. DeVos (#115)</p>		<p>Let me not pray to be sheltered from dangers, but to be [courageous] in facing them. Let me not beg for the stilling of my pain, but for the heart to conquer it.</p> <p>- Rabindranath Tagore (#116)</p>
<p>Your living is determined not so much by what life brings to you as by the attitude you bring to life; not so much by what happens to you as by the way your mind looks at what happens.</p> <p>- John Homer Miller (#117)</p>		<p>Live with intention...Listen hard. Practice wellness. Play with abandon. Laugh. Choose with no regret. Continue to learn. Appreciate your friends. Do what you love. Live as if this is all there is.</p> <p>- Mary A. R.-Hershey (#118)</p>
<p>Each problem has hidden in it an opportunity so powerful that it literally dwarfs the problem. The greatest success stories were created by people who recognized a problem and turned it into an opportunity.</p> <p>- Joseph Sugarman (#119)</p>		<p>The greatest waste in the world is the difference between what we are and what we could become.</p> <p>- Ben Herbster (#120)</p>

**The only limits to the possibilities
in your life tomorrow are the butts
you use today.**

- Les Brown (#121)

**Be more concerned with your character
than your reputation, because your
character is what you really are, while
your reputation is merely what others
think you are.**

- Dale Carnegie (#122)

**If you want to be respected by others, the
great thing is to respect yourself. Only by
that, only by self-respect will you compel
others to respect you.**

- Fyodor Dostoyevsky (#123)

**If you cannot do great things,
do small things in a great way.**

- Napoleon Hill (#124)

**Holding on to anger is like grasping a
hot coal with the intent of throwing it at
someone else; you are the only one
getting burned.**

- Buddha (#125)

**Some people are making such thorough
preparation for rainy days that they
aren't enjoying today's sunshine.**

- William Feather (#126)

**The great majority of the things we now
make ourselves panicked about are self-
created 'dangers' that exist almost
entirely in our imaginations.**

- Albert Ellis (#127)

**Worrying is like a rocking chair, it
gives you something to do, but it
gets you nowhere.**

- Van Wilder (#128)

**Fear less, hope more...whine less,
breathe more; talk less, say more; hate
less, love more; and all good things are
yours.**

- Swedish Proverb (#129)

**Worry often gives a small
thing a big shadow.**

- Swedish Proverb (#130)

<p>All things in moderation. - Stoic philosophy (#131)</p>		<p>Things turn out best for the people who make the best out of the way things turn out. - Art Linkletter (#132)</p>
<p>Every problem contains within itself the seeds of its own solution. - Edward Somers (#133)</p>		<p>The little reed, bending to the force of the wind, soon stood upright again when the storm had passed over. - Aesop (#134)</p>
<p>A pessimist is one who makes difficulties of his opportunities and an optimist is one who makes opportunities of his difficulty. - Harry Truman (#135)</p>		<p>The people who get on in this world are the people who get up and look for the circumstances they want, and, if they can't find them, make them. - George Bernard Shaw (#136)</p>
<p>The foolish person seeks happiness in the distance, the wise person grows it under his [or her] feet. - James Oppenheim (#137)</p>		<p>Nothing is particularly hard if you divide it into small jobs. - Henry Ford (#138)</p>
<p>Never does the human soul appear so strong as when it forgoes revenge, and dares to forgive an injury. - E.H. Chapin (#139)</p>		<p>Forgiveness is as valuable to the one who forgives as to the one forgiven. - Mary Witcher (#140)</p>

It is not what we read, but what we remember that makes us learned. It is not what we intend but what we do that makes us useful. And, it is not a few faint wishes but a lifelong struggle that makes us valiant.

- Henry Ward Beecher (#141)

Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.

- Buddha (#142)

This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever; in its place is something that you have left behind... let it be something good. - Anon. (#145)

**To thine own self
be true.**

- William Shakespeare (#146)

Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures.

- John F. Kennedy (#147)

Our ultimate freedom is the right and power to decide how anybody or anything outside ourselves will affect us.

- Stephen Covey (#148)

The ability to simplify means to eliminate the unnecessary so that the necessary may speak.

- Hans Hofmann (#149)

No matter what battle rages inside our head, we always have a choice.

- Anon. (#150)

The happiness of your life depends upon the quality of your thoughts.

- Marcus Aurelius (#151)

To conquer oneself is a greater task than conquering others.

- Buddha (#152)

**The real voyage of discovery lies
not in seeking new landscapes,
but in having new eyes.
- Marcel Proust (#153)**

**...All problems, all stresses present an
opportunity for...learning in which you
can gain insight into the use, misuse, or
misdirection of your personal power.
- Carolyn Myss (#154)**

**Just when the
caterpillar thought
the world was over,
it became a butterfly.
- Proverb (#155)**

**If you are going to doubt
something, doubt your limits.
- Don Ward (#156)**

**It takes a lot of courage to release the
familiar and seemingly secure, to
embrace the new... There is more
security in the adventurous and
exciting, for in movement there is life,
and in change there is power.
- Alan Cohen (#157)**

**Keep your dreams alive. Understand
that to achieve anything requires faith
and belief in yourself, vision, hard work,
determination and dedication.
Remember, all things are possible for
those who believe.
- Gail Devers (#158)**

**Life is not the way it's supposed to
be. It's the way it is. The way you
cope with it is what makes the
difference.
- Virginia Satir (#159)**

**Too many people miss the
silver lining because they're
expecting gold.
- Maurice Setter (#160)**

**A strong positive mental attitude will
create more miracles than
any wonder drug.
- Patricia Neal (#161)**

**The greatest discovery of any
generation is that a human being can
alter his or her life by altering his/her
attitude.
- William James (#162)**

<p>What you become is more important than what you accomplish - Anon. (#163)</p>	<p>Nothing worthwhile ever happens quickly and easily. You achieve only as you are determined to achieve...and as you keep at it until you have achieved. - Robert H. Lauer (#164)</p>
<p>The greater the obstacle, the more glory in overcoming it. - Moliere (#165)</p>	<p>Life is change. Growth is optional. Choose wisely. - Karen Kaiser Clark (#166)</p>
<p>Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy. - Normal Vincent Peale (#167)</p>	<p>To succeed, we must first believe that we can. - Michael Korda (#168)</p>
<p>There are two ways to meeting difficulties. You alter the difficulties or you alter yourself to meet them. - Phyllis Bottome (#169)</p>	<p>Aim for success, not perfection. Never give up your right to be wrong, because then you will lose the ability to learn new things and move forward with your life. Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make yourself a happier and more productive person. - Dr. David M. Burns (#170)</p>
<p>Whoever you are, there is some younger person who thinks you are perfect. There is some work that will never be done if you don't do it. There is someone who would miss you if you were gone. There is a place that you alone can fill. -Jacob M. Braude (#171)</p>	<p>The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy, or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers. - M. Scott Peck (#172)</p>

<p>The important thing is this: To be able at any moment to sacrifice what we are for what we could become. - Charles Dubois (#173)</p>	<p>Restlessness and discontent are the first necessities of progress. - Thomas A. Edison (#174)</p>
<p>It takes a lot of courage to release the familiar and seemingly secure, to embrace the new. But there is no real security in what is no longer meaningful. There is more security in the adventurous and exciting, for in movement there is life, and in change there is power. - Alan Cohen (#175)</p>	<p>What appears to be the end may really be a new beginning. - Anon. (#176)</p>
<p>Growth is an erratic forward movement: two steps forward, one step back. Remember that and be very gentle with yourself. - Julia Cameron (#177)</p>	<p>Our lives improve only when we take chances – and the first and most difficult risk we can take is to be honest with ourselves. - Walter Anderson (#178)</p>
<p>I've missed more than 9,000 shots in my career. I've lost almost 300 games. Twenty-six times, I've been trusted to take the game-winning shot and missed. I've failed over and over again in my life. And that is why I succeed. - Michael Jordan (#179)</p>	<p>Progressiveness is looking forward intelligently, looking within [honestly], and moving on incessantly. - Waldo Pondray Warren (#180)</p>
<p>The two important things I did learn were that you are as powerful and strong as you allow yourself to be, and that the most difficult part of any endeavor is taking the first step, making the first decision. - Robyn Davidson (#181)</p>	<p>Our lives improve only when we take chances – and the first and most difficult risk we can take is to be honest with ourselves. - Walter Anderson (#182)</p>

<p>Success is not final, failure is not fatal: it is the courage to continue that counts. - Winston Churchill (#183)</p>	<p>The paradox of perfection is that we gain control only by relinquishing it. - Anon. (#184)</p>
<p>Don't aim for perfection... Aim for excellence. (#185)</p>	<p>Be kinder than necessary, for everyone you meet is fighting some kind of battle. - Anon. (#186)</p>
<p>Live simply, Love generously, Care deeply, And Speak Kindly. (#187)</p>	<p>Each one has to find his peace from within. And peace to be real, must be unaffected by outside circumstances. - Mohandas Ghandi (#188)</p>
<p>There's an important difference between giving up and letting go. - Jessica Hatchigan (#189)</p>	<p>You yourself, as much as anybody in the entire universe, deserve your love and affection. - Buddha (#190)</p>
<p>Do not let what you cannot do interfere with what you can do. - John Wooden (#191)</p>	<p>I believe that everything happens for a reason. People change so that you can learn to let go. Things go wrong so that you appreciate them when they're right....and sometimes good things fall apart so better things can fall together. - Marilyn Monroe (#192)</p>