

Phase 2

Free guided imagery downloads

https://members.kaiserpermanente.org/redirects/listen/?kp_shortcut_referrer=kp.org/listen

http://www.healthjourneys.com/custom_hc_solutions.asp

John Omaha – Affect Management www.johnomahaenterprises.com/articles.html

Lisa Najavitz – Seeking Safety www.seekingsafety.org

Marsha Linehan – Dialectical Behavior Therapy www.behavioraltech.org

Judith Herman – Trauma & Recovery <http://globetrotter.berkeley.edu/people/Herman/herman-con0.html>
www.uic.edu/classes/psych/psych270/PTSD.htm

Websites to help vets

www.warwithin.org

www.giveanhour.org

www.veteransfamiliesunited.org

<http://www.soldier-center.com/director.html>

<http://howardlipke.com/index-t.php>

www.ptsdsupport.net

<http://www.careforthetroops.org>

Free online training courses in PTSD and TBI

www.citizensoldiersupport.org/initiatives/education.php

www.militaryonesource.com

EMDR – BLS resources

www.neurotekcorp.com

Advanced Tac/AudioScan (allows mp3 input)	OR	Tac/AudioScan (no input)
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AND

Megapulser upgrade
2 headphone extenders

\$250 (shipping included)

\$166 (shipping included)

David Grand's bilaterally recorded music www.biolateral.com

Robert Yourell <http://www.psychinnovations.com>

Computer software www.neurolateral.com

Emwave (use in Phase 2 state change) www.heartmath.com

iPhone/iPad/iPod Touch apps for binaural (different from BLS) sound

Brainwave app www.banzailabs.com

AmbiSci100

Sleep Cycle

Ambiance

Apps for BLS (be very judicious – read CAUTIOUS -- in letting clients know about these!)

Hemi-Balance

BSDR Player

Chakra Align

Francine Shapiro Library – <http://EMDR.nku.edu>

Interactive Acupuncture Chart <http://qi-journal.com/tcmarticles/acumodel/acumodel.asp>

Dissociation

<http://www.copingwithdissociation.com/>

<http://www.onnovdhart.nl/>

Trauma & PTSD

National Center for PTSD <http://www.ptsd.va.gov/>

Trauma Central http://www.traumacentral.net/TC_children-traumatized.htm

Trauma Center at JRI <http://www.traumacenter.org/>

National Academy of Sciences <http://www.pnas.org/search?fulltext=PTSD&submit=yes>

David Baldwin's trauma pages www.trauma-pages.com

For survivors of trauma & victimization www.giftfromwithin.com

Neuropsych

Unify Your Mind (neuropsych made easy) <http://www.unifyyourmind.com/>

Daniel Amen, MD www.brainplace.com

Children

Robbie Adler-Tapia <http://www.dradlertapia.blogspot.com/>

Tuxy the Forgotten Kitten: A Story about Neglect by Jaime Henle, Psy.D.

<http://www.lulu.com/product/paperback/tuxy-the-forgotten-kitten-a-story-about-neglect/13585874>

Distance Learning

<http://www.emdrhap.org/store/index.php?cPath=31&osCsid=3d7c3d163aef57fee5925325d1928372>

Carol Forgash – www.advancededucationalproductions.com/articles/treatingCPSD.htm

Saundra Paulsen – www.bainbridgepsychology.com

Andrew Leeds -- <http://www.sonomapti.com/aboutemdr.html>